

# FEBRUARY SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					<p><b>1</b></p> <p>Boot Camp 8:00-9:00 am Yoga 9:15-10:15am</p>
<p><b>3</b></p> <p>Boot Camp 6:00- 7:00 am YOGA 6:00- 7:00 pm Boot Camp 7:30- 8:30 pm</p>	<p><b>4</b></p> <p>Boot Camp 10:00-11:00am Arms &amp; Abs 5:15- 6:15pm Spin Class 6:30-7:30pm</p>	<p><b>5</b></p> <p>Boot Camp 6am- 7am Abs, Legs &amp; Core 5:30-6:30pm</p>	<p><b>6</b></p> <p>Zumba 5:45– 6:45pm Spin Class 6:45-7:30pm</p>	<p><b>7</b></p> <p>Boot Camp 6:00- 7:00 am</p>	<p><b>8</b></p> <p>Boot Camp 8:00-9:00 am Yoga 9:15-10:15am Spin Class 11:00-12:00pm</p>
<p><b>10</b></p> <p>Boot Camp 6:00- 7:00 am YOGA 6:00- 7:00 pm Boot Camp 7:30- 8:30 pm</p>	<p><b>11</b></p> <p>Boot Camp 10:00-11:00am Arms &amp; Abs 5:15- 6:15pm Spin Class 6:30-7:30pm</p>	<p><b>12</b></p> <p>Boot Camp 6am- 7am Abs, Legs &amp; Core 5:30-6:30pm</p>	<p><b>13</b></p> <p>Zumba 5:45– 6:45pm Spin Class 6:45-7:45pm</p>	<p><b>14</b></p> <p>Boot Camp 6:00- 7:00 am</p>	<p><b>15</b></p> <p>Boot Camp 8:00-9:00 am Yoga 9:15-10:15am Spin Class 11:00-12:00pm</p>
<p><b>17</b></p> <p>Boot Camp 6:00- 7:00 am YOGA 6:00- 7:00 pm Boot Camp 7:30- 8:30 pm</p>	<p><b>18</b></p> <p>Boot Camp 10:00-11:00am Arms &amp; Abs 5:15- 6:15pm Spin Class 6:30-7:30pm</p>	<p><b>19</b></p> <p>Boot Camp 6am- 7am Abs, Legs &amp; Core 5:30-6:30pm YOGA 7:15- 8:00am</p>	<p><b>20</b></p> <p>Zumba 5:45– 6:45pm Spin Class 6:45-7:45pm</p>	<p><b>21</b></p> <p>Boot Camp 6:00- 7:00 am</p>	<p><b>22</b></p> <p>Boot Camp 8:00-9:00 am Yoga 9:15-10:15am Spin Class 11:00-12:00pm</p>
<p><b>24</b></p> <p>Boot Camp 6:00- 7:00 am YOGA 6:00- 7:00 pm Boot Camp 7:30- 8:30 pm</p>	<p><b>25</b></p> <p>Boot Camp 10:00-11:00am Arms &amp; Abs 5:15- 6:15pm Spin Class 6:30-7:30pm</p>	<p><b>26</b></p> <p>Boot Camp 6am- 7am Abs, Legs &amp; Core 5:30-6:30pm YOGA 7:15- 8:00am</p>	<p><b>27</b></p> <p>Zumba 5:45– 6:45pm Spin Class 6:45-7:45pm</p>	<p><b>28</b></p> <p>Boot Camp 6:00- 7:00 am</p>	<p><b>29</b></p> <p>Boot Camp 8:00-9:00 am Yoga 9:15-10:15am Spin Class 11:00-12:00pm</p>

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