

FEBRUARY SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3 Boot Camp 10am Virtual Abs 4:30pm Legs & Glutes 5pm Zumba 5:45pm	4 Spin 6:00pm	5 Virtual Body Sculpt 4:30pm	6 Boot Camp 8:00am Virtual Yoga 9:15am
8	9	10 Boot Camp 10am Virtual Abs 4:30pm Legs & Glutes 5pm Zumba 5:45pm	11 Spin 6:00pm	12 Virtual Body Sculpt 4:30pm	13 Boot Camp 8:00am Virtual Yoga 9:15am
15	16	17 Boot Camp 10am Virtual Abs 4:30pm Legs & Glutes 5pm Zumba 5:45pm	18 Spin 6:00pm	19 Virtual Body Sculpt 4:30pm	20 Boot Camp 8:00am Virtual Yoga 9:15am
22	23	24 Boot Camp 10am Virtual Abs 4:30pm Legs & Glutes 5pm Zumba 5:45pm	25 Spin 6:00pm	26 Virtual Body Sculpt 4:30pm	27 Boot Camp 8:00am Virtual Yoga 9:15am