

# JUNE SCHEDULE

| MONDAY             | TUESDAY                 | WEDNESDAY  | THURSDAY | FRIDAY                           | SATURDAY                                      |
|--------------------|-------------------------|--|----------|----------------------------------|---|
|                    | 1                       | 2<br>Boot Camp 10am<br>Virtual Abs 4:30pm<br>Legs & Glutes 5pm<br>Zumba 5:45pm | 3        | 4<br>Virtual Body Sculpt 4:30pm  | 5<br>Boot Camp 8:00am<br>Virtual Yoga 9:15am  |
| 7<br>Zumba 5:45pm  | 8<br>Arms & Abs 4:45pm  | 9<br>Boot Camp 10am<br>Virtual Abs 4:30pm<br>Legs & Glutes 5pm                 | 10       | 11<br>Virtual Body Sculpt 4:30pm | 12<br>Boot Camp 8:00am<br>Virtual Yoga 9:15am |
| 14<br>Zumba 5:45pm | 15<br>Arms & Abs 4:45pm | 16<br>Boot Camp 10am<br>Virtual Abs 4:30pm<br>Legs & Glutes 5pm                | 17       | 18<br>Virtual Body Sculpt 4:30pm | 19<br>Boot Camp 8:00am<br>Virtual Yoga 9:15am |
| 21<br>Zumba 5:45pm | 22<br>Arms & Abs 4:45pm | 23<br>Boot Camp 10am<br>Virtual Abs 4:30pm<br>Legs & Glutes 5pm                | 24       | 25<br>Virtual Body Sculpt 4:30pm | 26<br>Boot Camp 8:00am<br>Virtual Yoga 9:15am |
| 28<br>Zumba 5:45pm | 29<br>Arms & Abs 4:45pm | 30<br>Boot Camp 10am<br>Virtual Abs 4:30pm<br>Legs & Glutes 5pm                |          |                                  |   |